**Family Faith Formation Opportunities**

To help families grow together and be a supporting resource for parents, we expect students to be involved in one of the “formal faith formation” options below. Additionally, we expect you to take advantage of having more flexibility and participate in three or more electives on the attached sheet to form your children at home this year.

**Formal Formation Options: Family:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

1. Journey with Christ: (formally GOF) Open to kindergarten-11th & Adults\_\_\_\_\_\_\_\_\_\_
2. Catechesis of the Good Shepherd (For those age 3-kindergarten ONLY)\_\_\_\_\_\_\_\_\_
3. Catholic School (Please indicate school)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. Home School utilizing a program provided by Christ Our Hope Faith Formation\_\_\_\_\_\_\_\_\_\_\_\_\_

**All families are strongly encouraged to attend the 3 Whole Family Formation Sessions**

**Whole Family Formation Sessions**: New in 2018!!! We will be offering three whole family formation sessions throughout the year. These sessions will support all families, including those with children attending a Catholic school. These sessions are designed for everyone in the family to learn and grow together with fun activities done as a family. Families are together for the whole time and there are no catechists. Each session includes things you can take home to carry on what was learned and discussed.

**Topics include**: Why’s and What’s of the Mass w/ Fr. Aaron, Stations of the Crib, and the Rosary.

**Flexible Faith Formation Electives**

**In addition to the formal formation options, we ask your family to commit to growing together utilizing three of the following flexible faith formation opportunities.**

Adoration Reconciliation

Sacred Silence Read religious stories to children

Praying together at home Help children learn rote prayers

Sacred Space Family Movie Night

Family Pilgrimage Service Opportunities

Have fun with faith and activities at home Adult Journey with Christ Sessions

HerStory in Christ Totus Tuus

This is far from an all-inclusive list. The key is to make a conscience effort to live out your faith with your children as a family, not just do more faith-related activities as a family. Passing on the faith is not about dictating a lot of facts or checking off boxes on a to-do list. It is about living out God’s love in our everyday life. It is about nourishing our own spiritual life and being comfortable sharing with others, especially family and friends, how God has helped us and impacted our life.

**Please return this form with your “Family Registration” (green sheet).**

**Please circle the 3 or more electives your family will commit to this year so we can get you information related to those electives. Thank you.**